

**香港初級代表隊培訓計劃 – 初級代表隊訓練時間表(2023年11-12月)**

**Update Timetable of Feeder System Scheme –**

**Pre-Squad Training Programme in November to December 2023:**

**Kata & Kumite Lesson**

**Venue: Sun Yat Sen Memorial Park Sports Centre Dance Room**

**Address: 18 Eastern Street North, Sai Ying Pun, Hong Kong**

**地址: 西營盤東邊街北18號**

**Kata & Kumite Lesson**

<b>Tuesday</b>	<b>Friday</b>
<b>7-9pm</b>	<b>8-10pm</b>
	<b>24/11/2023</b>
	<b>01/12/2023</b>
<b>12/12/2023</b>	<b>29/12/2023</b>

*Rev. 06-10-2023*